

**Zoom Report for Harbor Group Steering Committee**  
**Submitted by Alton A and Phil P, Zoom Reps**  
**February 16, 2022**

1. The online meetings continue to have consistent turnout. 7am meetings are averaging around 45-50 attendees, noon is averaging 20-25, and Sunday speaker averages 30-35 participants online. We have encouraged all Harbor members to attend the speaker meetings both live and online by posting to the private Harbor Facebook page.
2. We would like to extend our appreciation and gratitude to the Harbor Club for the purchase of a new and more powerful wireless router which will improve and expand the wireless signal in the building. We are currently working out some technical details with the installation and should have the system up and running soon. This will expand and improve Wi-Fi access for members in the building and improve audio and video quality for the hybrid speaker meetings.
3. We would like to better communicate the existence of the Friday and Sunday hybrid speaker meetings by listing them in the OIAA meeting directory. OIAA is the Online Intergroup of Alcoholics Anonymous that manages a directory of online meetings. AA groups from all over the world use this powerful resource to post their virtual meetings. We would only be listing the speaker meetings and not the 7am or the noon meetings to this list. This is a free service provided by Alcoholics Anonymous. With your approval, we would offer a motion to list the Friday 6PM Step Speaker and Sunday 11am Speaker Meetings to the Online Intergroup of AA meeting directory.

## ***CPC Report with TCU Agenda for March 15<sup>th</sup> and Handouts Needed***

### ***Texas Christian University Cooperation Professional Communities (C.P.C.) Presentation Harris College of Nursing and Health Sciences and the Harbor Group of Alcoholics Anonymous***

March 15, 2022

8 AM to 9:30 – Professor, Latasha Baker

9:30- AM to 10:50 AM – Professor, Ashlie Seale

12:30 to 1:50 - Professor, Ashlie Seale

#### **Agenda:**

- A.A. participants include a moderator (Sara), and four (Kim S., Christi M., William, and Caroline) A.A. members experienced in speaking about A.A.
- Introductions of panel members.
- Read or summarize the Anonymity card for public meetings
- Briefly explain where we're from and A.A.'s Twelve Steps and their relationship to recovery and connection to those in the medical professional community.
- Introductions of panel members.
- Discuss what A.A. does and does not do (provide copies of "Fact Sheet" and refer to this and/or PPT)
- **AA panelists (15 minutes each)** - Give a brief version of your story, emphasizing recovery in A.A.
- Explain that A.A. meetings may follow a variety of formats—speaker, discussion, etc., but that there are two basic types:
  - Open: Guests are welcome; if practical, mention that individual members are available to take a professional friend to a meeting.
  - Closed: For A.A. members or those with a desire to stop drinking.
- Provide information on local meetings available, whether the central office A.A. meeting directory or a listing of local "open" meetings.
- Offer the names and phone numbers of one or two committee members to the guests that can meet or accompany participants to open AA meetings, if the students are interested.
- Allow time for a Question and Answer period

#### **Handouts needed:**

- **AA as a Resource for the Health Care Professional (60)**

[https://www.aa.org/sites/default/files/literature/assets/p-23\\_aaasaresourceforhcp1.pdf](https://www.aa.org/sites/default/files/literature/assets/p-23_aaasaresourceforhcp1.pdf)

- **A.A. Fact Sheet (60)**

[http://www.aa.org/assets/en\\_US/smf-94\\_en.pdf](http://www.aa.org/assets/en_US/smf-94_en.pdf)

- **About A.A: The A.A. Program-Spiritual but Never 'Religious' (60)**

[http://www.aa.org/assets/en\\_US/f-13\\_fall03.pdf](http://www.aa.org/assets/en_US/f-13_fall03.pdf)