

## Minutes

of  
Harbor Group  
Steering Committee Meeting  
November 16, 2022

The meeting was called to order by Chair, Bill L, at 7:15 p.m.

There were 11 people in attendance.

There was a moment of silence followed by the Serenity Prayer.

Committee Reports were presented as follows:

1. Treasurer – Carol G was absent and Bill L presented her report that \$3,105.12, including \$1,500.00 designated as Reserve Funds, is in the Group account. The Financial Summary is attached.
2. GSR – Allyson P was absent due to her being ill and Bill L presented her report that the district is doing well.
3. Central Office – Caroline H stated that she had nothing new to report.
4. Treatment Facilities – Christi M was absent due to her being out of the city. Bill L reported that everything was going well and that Christi would not be serving on the Steering Committee next year as she will be serving on the Harbor Club Board.
5. Literature – Randy M stated that there were plenty of medallions and tokens and that there is plenty of literature on hand.
6. Correctional Facilities – Harold W reported that Abode was still unreceptive, but that he was going to Venus. He is fired up about the Fort Worth Area Corrections Committee.
7. Grapevine – Danny D reported that he is just starting and is pleased to be serving in the position.
8. CPC/CI – Sara K reported on the presentation to the TCU nursing student classes and that she had received numerous thank you notes from the students which she had organized in a notebook. She is currently planning a presentation to the UNT psychiatric students. A written report is attached.
9. Accessibility – Angela A was present and had nothing to report.
10. Zoom Meetings – Alton A reported that attendance had increased some and that the speaker archive is taking shape. The 7:00 a.m. meeting attendance has increased to 60 to 65 and the attendees were from all over.
11. Programs – Rosemary S reported that speakers were being booked into 2023. Bill L complimented her and Linda H on the excellent job they were doing.
12. Voting/Elections – Bill L stated what a great job that Sara K had done on the postings for candidates for the elections again this year.
13. Randy M moved, with Alton A seconding, that Article VI of the Harbor Group bylaws (STEERING COMMITTEE COMPOSITION: B: MEETING REPRESENTATIVES) be amended to: “In December of each year, the 7:00 a.m., noon, 6:00 p.m., 7:00 a.m. Zoom, noon Zoom, Young People in AA, and Women’s meetings groups may elect a representative from each meeting group to be members of the Steering Committee. Each representative shall serve a one (1) year term.”. The motion carried unanimously.

New Business –

1. After a brief discussion, Randy M moved, with Danny D seconding, that the Steering Committee recommend that the Harbor Group will donate \$100.00 per quarter to the Fort Worth Area Corrections Committee for the purchase of AA books to be used by the committee in its service work until the Harbor Group determines that such donations are no longer needed or are not available within its budget. The motion carried unanimously. The matter will be proposed at the next Group Conscience meeting.

Randy M moved, with Harold W seconding, that the meeting adjourn. The motion carried unanimously.

The meeting was closed with the Lord’s Prayer.

Meeting adjourned at 8:21 p.m.

Respectfully submitted,

Doc W,  
Secretary

CPC Report 11/16/22

**The following agenda was followed for the October 25<sup>th</sup> CPC/TCU presentation**

October 25th, 2022

8 AM to 9:30 – Professor, Latasha Baker

9:30- AM to 10:50 AM – Professor, Ashlie Seale

12:30 to 1:50 - Professor, Ashlie Seale

- Introductions of panel members (Sara)
- **AA panelists (20 minutes each)** - Give a brief version of your story, emphasizing recovery in A.A. (**Kim S., William, and Analiese**)
- Explained that A.A. meetings may follow a variety of formats—speaker, discussion, etc., but that there are two basic types (Sara):
  - Open: Guests are welcome; if practical, mention that individual members are available to take a professional friend to a meeting.
  - Closed: For A.A. members or those with a desire to stop drinking.
- Provided information on local meetings available, whether the central office A.A. meeting directory or a listing of local “open” meetings. (Sara)
- Offered the names and phone numbers of one or two committee members to the guests that can meet or accompany participants to open AA meetings, if the students are interested. (Sara)
- Allowed time for a Question-and-Answer period

Since the TCU event, groups of 5-8 nursing students have been coming to the Friday and Sunday speaker meetings since then.

Attached is the email documentation of UNT Psychiatry outreach from this year and this CPC event will likely take place the week of April 16<sup>th</sup>.

Contact Information for UNT:

**Michael Oglesby, Ph.D. | Year 2 Curriculum Director, TCOM**

**a:** 3500 Camp Bowie Blvd, MET340G, Fort Worth, TX 76107

**p:** 817.735.2067

TCU CPC event has been solidified and we have agreed to do the CPC presentation there every semester following the above agenda and class schedules.

Contact information for TCU:

**Ashlie Seale, MSN, APRN, PMHNP-BC, CARN-AP**

Assistant Professor of Professional Practice

Clinical Coordinator/Team Lead for Behavioral Health Nursing

Sigma, Beta Alpha Chapter President

Cell: 682-558-0561

Office: Bass 3005

*Harris College of Nursing and Health Sciences*

*Texas Christian University*

*PO Box 298620*

*Ft. Worth, Texas 76129*

	CHECK NO/DEPOSIT DESCRIPTION	CHECKS	DEPOSITS	BALANCE
12/31/21	Balance Forward			2,911.36
	Club Revenues		1,507.50	4,418.86
	Thanksgiving return		202.00	4,620.86
	Central Office-1009	500.00		4,120.86
	Co-Books-1008	200.00		3,920.86
	New York-1011	500.00		3,420.86
	Rosemary - Schedule-1006	62.46		3,358.40
	Christmas dinner to Ed-1010	500.00		2,858.40
	Randy for chips-1007	30.00		2,828.40
	Randy to Central Office	110.00		2,718.40
01/13/22	Donations (6) Jar at Christmas		599.00	3,317.40
01/13/22	Reimbursed by Ed for Christmas		110.00	3,427.40
	<b>Reserve Fund - Harbor</b>			<b>3,427.40</b>
01/12/22	Randy-1012	110.75		3,316.65
01/19/22	Rosemary - schedule-1013	62.46		3,254.19
01/20/22	Carol Gault - cakes b-day-1014	40.00		3,214.19
01/25/22	Central office - books-1015	442.00		2,772.19
02/08/22	Rosemary Schmit - schedule-1016	150.60		2,621.59
02/10/22	Club		711.81	3,333.40
02/22/22	Central Office - Books-1017	133.75		3,199.65
02/27/22	Central Office - Contribution-1018	460.00		2,739.65
02/27/22	Neta '65 - Contribution-1019	75.00		2,664.65
02/27/22	District 62-1020	75.00		2,589.65
02/28/22	Rosemary S.-1021	57.59		2,532.06
04/13/22	Central Office - Contribution-1022	460.00		2,072.06
04/13/22	District 62-1023	75.00		1,997.06
04/13/22	Neta '65 - Contribution-1024	75.00		1,922.06
05/26/22	James Dunegan-1025	500.00		1,422.06
05/30/22	Gonzy Trevino-1026	125.00		1,297.06
05/30/22	Bobby Counts-1027	125.00		1,172.06
05/30/22	Buddy Whitten-1035	169.00		1,003.06
05/31/22	Club		1,746.53	2,749.59
05/31/22	Donations-jar		207.00	2,956.59
05/31/22	Randy Moore-1029	68.20		2,888.39
06/28/22	Randy Moore-1030	35.88		2,852.51
07/01/22	James Dunegan (Ed) 1031	500.00		2,352.51
07/04/22	Buddy Whitten-1028	125.00		2,227.51



07/04/22	Buddy Whitten-1032	125.00		2,102.51
07/04/22	Bobby Counts-1033	125.00		1,977.51
07/05/22	Gonzy Trevino-1034	125.00		1,852.51
07/20/22	Neta 65 - Contribution-1036	75.00		1,777.51
07/20/22	District 62-1037	75.00		1,702.51
07/20/22	Central Office-1038	460.00		1,242.51
07/29/22	Club		443.00	1,685.51
07/29/22	Club		1,541.09	3,226.60

	CHECK NO/DEPOSIT DESCRIPTION	CHECKS	DEPOSITS	BALANCE
08/02/22	Rosemary S-1039	135.89		3,090.71
08/16/22	Central Office-1040	97.50		2,993.21
08/03/22	Ed Dunegan (Memorial Day)-1041	500.00		2,493.21
08/05/22	Buddy Whitten-1042	125.00		2,368.21
08/05/22	Wayne Six-1043	125.00		2,243.21
08/05/22	Gonzy Trevino-1044	125.00		2,118.21
09/15/22	Randy Moore (chips)-1045	42.00		2,076.21
09/21/22	Club		168.00	2,244.21
10/12/22	Central Office-1046	111.75		2,132.46
10/27/22	ck 1047	53.62		2,078.84
	Neta 65 ck 1048	75.00		2,003.84
	District 72 ck 1049	75.00		1,928.84
10/28/22			1,636.28	3,565.12
11/10/22	ck 1050 - Central Ofc	460.00		3,105.12
11/15/22	Reserve Fund - Harbor			